



SERVICE SIX

September - November
Newsletter 2017

ORGANISATION UPDATES

Latest News

AGM - 2017



On Friday 29th September, after months of preparation, Service Six held a successful AGM to present to stakeholders, guests and VIP's reports from the Board, Chief Executive and Beneficiaries on the achievements and work undertaken over the past year.

Service Six's new Chief Executive, Claudia Slabon, outlined the difficulties Service Six and other charities have faced this year due to cuts in funding, though, the demand for our supporting services had not dropped. This did not affect the quality of our service that we continue to provide to children and young people throughout Northamptonshire and Milton Keynes. Claudia and her dedicated team would like to extend their thanks to all who took part in celebrating all of last year's achievements.

Claudia Slabon

Service Six CEO

TARGET

Target is a youth led project working with children and young people who are at risk or identified as affected by online sexual exploitation and abuse. The project aims to increase their online protective behaviours, improve their wellbeing and increases their transferable knowledge and skills

The helpline, operated by our TARGET Champions, currently operates Mondays and Fridays 4.30-8.00pm and the contact details are as followed:

Phone: 07718 003219

Email: target@servicesix.co.uk

FB: Ollie Target

TARGET Help
 Targeting And Reducing Grooming, Exploitation & Trading
 of children and young people online
 Mondays & Fridays 4.30pm - 8.00pm
 M: 07718 003219
 E: target@servicesix.co.uk
 W: servicesix.co.uk
 F: [ollie.target](https://www.facebook.com/ollie.target)



Registered Charity Number: 1128910 Company Number: 06790611 20 York Road, Wellingborough, NN8 5JW

Raising Money for the TARGET Project

Constance presented a cheque for £ 61.47 to Claudia Slabon, Service Six Chief Executive





Northamptonshire Music Performing Art Trust

Service Six was invited by NMPAT, a charity who last year taught 21,000 Northamptonshire school children instrumental music, to deliver a training workshop to all of their staff on issues around mental health. One key point was for staff to spot anxiety and what is an appropriate response if you are in a caring role. Many of the staff were grateful to have had an opportunity to discuss mental health, an issue they all take very seriously. **Catherine Sharp**, Service Six's Lead Therapist spoke about identifying different aspects of anxiety including interventions that could be helpful when working with students or colleagues. Groups worked with various scenarios which brought lively discussion. Catherine provided information regarding online sites that offer help as well as naming various Apps that have been developed for people who suffer with anxiety. A selection of books and addresses provided additional reading material or signposted agencies who can offer professional specialist support.

Mental Health Awareness

On Monday 13th November, BBC Look East reported on access for young people to Mental Health Services throughout the region. **Service Six CEO, Claudia Slabon**, took part in a TV interview and spoke about the difficulties that young people have to access help quickly. This is partly due to a reduction in public funding but also to the stigma young people face to talk about mental health issues. A national campaign on TV and Radio was launched to raise awareness this autumn.

For more information and help please contact Service Six

referrals@servicesix.co.uk or phone 01933 277520

Monday to Friday 9:00 am to 5:00 pm.

Congratulation to one of our Therapeutic Counsellor, **Victoria Gess**, for successfully gaining her Level 5 in Psychotherapeutic Counselling.



Congratulation to **Lyn Brain** for completing the NCFE Accredited ISVA* Development Programme. *Interpersonal Sexual Violence Advisor. Lyn is currently working on a secondment with our partner agency Serenity



Milton Keynes **Youth Starz Project** held a festivity evening in November to celebrate the 1 year anniversary of the project. Children and Young people performed songs, poems and dance display in front of parents and family. This project has received funding from the Big Lottery Fund for 3 years.

Katie Marsh, Youth Starz Project Manager and her dedicated team, **Billie** and **Kimmy** would like to congratulate and thank all the young people who took part and also thank you to our special guest and Grant Officer **James Dove** from BLF who joined the festivities!



Get in touch

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